

**LIGHT
TO LIFE**



ONE MISSION. ONE VOICE.

RESPECTFEST!
2021

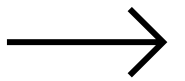


Light to Life's MISSION

To educate, empower and engage communities in a movement to prevent and end domestic violence.



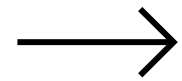
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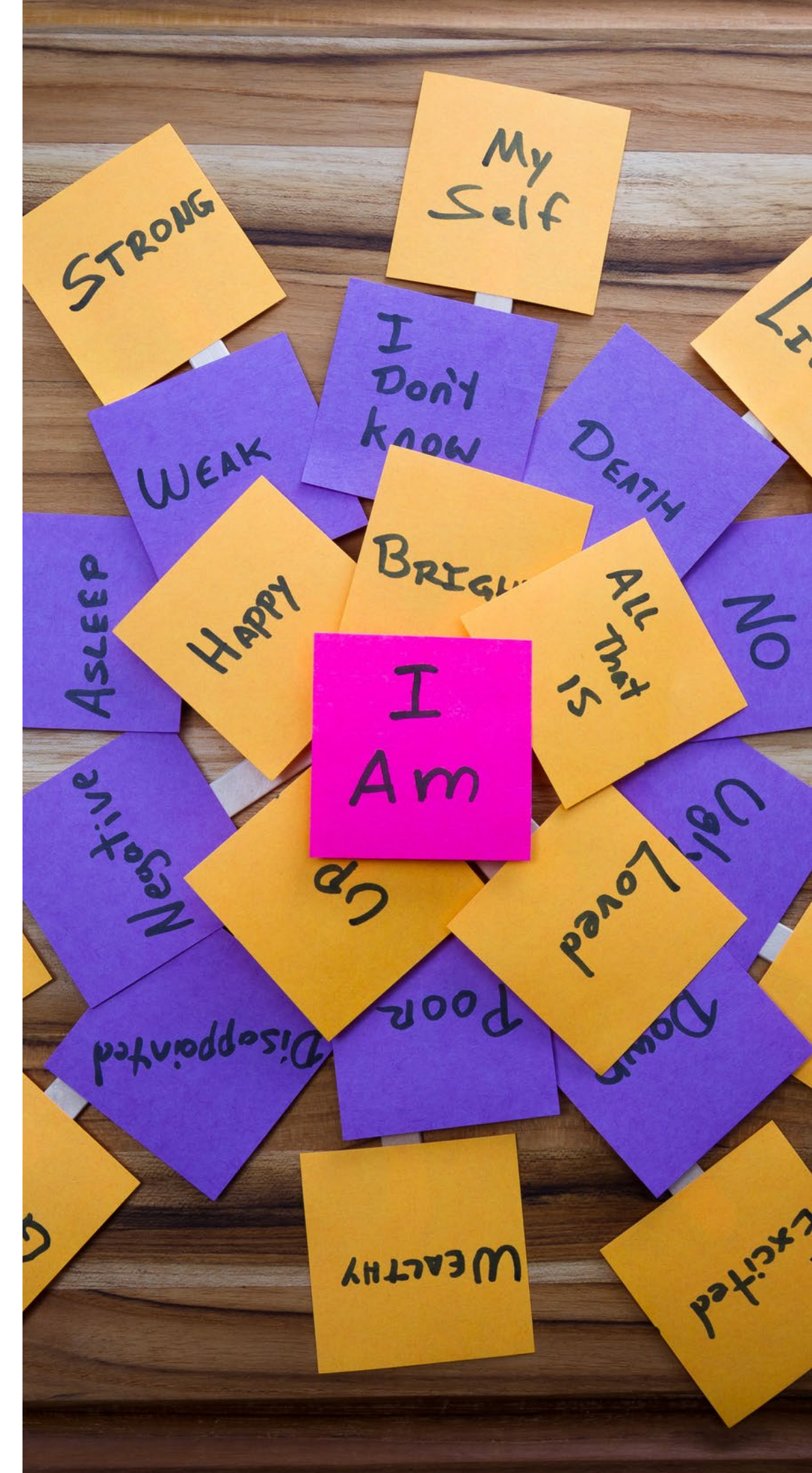
Light to Life's Solution!

- Provides training and technical assistance on domestic violence prevention to first responders, advocates, government agencies and other professionals.
- Provides psychoeducation in-person and virtual courses on domestic violence prevention to colleges, universities, non profit organization's, department of corrections and government agencies.
- Utilizes a trauma informed approach for 1on-1 coaching and psychoeducational group counseling.

05



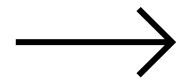
YOUR RELATIONSHIP
WITH YOURSELF IS
THE FOUNDATION
FOR HEALTHY AND
POSITIVE
RELATIONSHIPS IN
YOUR LIFE.





Get Your Glow On Today!

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3-STEP

Glow Guide

A guide to increase your self-awareness, boosting your self-esteem and discovering your inner glow!

TENAJ MOODY, MS, LBS

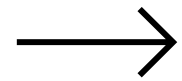
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Get Your Free Glow Guide,
Self-Care Strategies!

Use with Students, Peers, and
Yourself!

Let's Work Together!

07



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http://

Lighttolife.org



The State
of Blossoming

